

Bare Bones MEMBERSHIPS

- Complimentary Orientation Session with a Personal Trainer (new members only)
- Use of all Cardio and Weight Training Equipment
- Complimentary Towel Service

MEMBERSHIP TYPE	UPFRONT	BI-WEEKLY
ADULT BARE BONES		
1 YEAR	\$399	\$17.00
SPOUSE	\$199	\$9.50
6 MONTH	\$249	\$23.00

SENIOR BARE BONES (60+)		
1 YEAR	\$299	\$13.50
SPOUSE	\$199	\$9.50
6 MONTH	\$199	\$19.50

STUDENT BARE BONES	*Must present student ID card at time of purchase Grade 9 - Post Secondary	
1 YEAR	\$199	\$9.50
6 MONTH	\$150	\$15.50
3 MONTH	\$79	

MEMBERSHIP OPTIONS	
1 MONTH MEMBERSHIP	\$59.00
ONE WEEK PASS	\$30.00
DAY PASS	\$10.00
FREEZE MEMBERSHIP FEE	\$10.00
CANCELLATION FEE	\$65.00
PLAYCARE AVAILABLE (Mon. - Sat. 9:00am - Noon)	\$2.00 per child per 1/2 hour

All prices plus HST

Premium MEMBERSHIPS

- Complimentary Kingswood Fitness Water Bottle (new members only)
- Complimentary Orientation Session with a Personal Trainer (new members only)
- Unlimited Group Fitness Classes including Yoga and Pilates
- Use of all Cardio and Weight Training Equipment
- Complimentary Towel Service

MEMBERSHIP TYPE	UPFRONT	BI-WEEKLY
ADULT PREMIUM		
1 YEAR	\$499	\$21.00
SPOUSE	\$299	\$13.50
6 MONTH	\$299	\$26.50

SENIOR PREMIUM (60+)		
1 YEAR	\$399	\$17.00
SPOUSE	\$299	\$13.50
6 MONTH	\$249	\$23.00

STUDENT PREMIUM	*Must present student ID card at time of purchase Grade 9 - Post Secondary	
1 YEAR	\$299	\$13.50
6 MONTH	\$199	\$19.50
3 MONTH	\$99	

FAMILY RATES	*Based on Premium Membership Pricing Only	
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3 OR MORE (immediate family only, in the same household, dependents must be under 25 yrs)

1ST MEMBER \$499 \$21.00

SPOUSE/CHILDREN Half Price 1 Year Rate of either Adult or Student Rate

*all members with a family membership must start on the same date

*does not include corporate or golf memberships

*CORPORATE RATES AVAILABLE
Please speak with Fitness Manager
for more information

*AUTO-RENEWAL OPTION AVAILABLE
for Adults & Seniors based on
Premium 1 Year Bi-Weekly Rate

*All members under the age of 15 are required to have parental consent and have min. 1- 3 trainings sessions with one of our certified personal trainers (added cost)

All prices plus HST